



# CHOCOLATE PEANUT BUTTER OVERNIGHT OATS

Preparation: **5** minutes | Cooking: **0** minutes | Servings: **2**

## INGREDIENTS

*1 cup rolled oats*  
*1 1/2 cups dairy-free milk*  
*2 tablespoons maple syrup or honey*  
*2 tablespoons chia seeds*  
*2 tablespoons natural creamy peanut butter*  
*1 tablespoon mini chocolate chips*  
*1 scoop chocolate protein powder*

### **Optional toppings:**

*Banana slices*  
*Coconut flakes*



## INSTRUCTIONS

In a medium bowl, add the rolled oats, maple syrup or honey, chia seeds, peanut butter, protein powder and dairy-free milk. Mix until completely combined. Once mixed together, fold in chocolate chips. Evenly separate into single-serving containers. Place in fridge for at least 4 hours or overnight. Add choice of toppings. Serve cold or warm. Enjoy!

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Recipe source: <https://www.healthyfitnessmeals.com>