

BLUEBERRY-ALMOND OVERNIGHT OATS

Preparation: **5** mins. | Cooking: **0** mins. | Servings: **1**

INGREDIENTS

1/2 medium banana, sliced
1/2 cup almond milk
1/3 cup oats
1/3 cup blueberries
2 Tbsp. slivered almonds
1/2 Tbsp. maple syrup
1 tsp vanilla extract
Cinnamon to taste



INSTRUCTIONS

In an airtight container, mix oats, almond milk, chia seeds, maple syrup and vanilla extract. Seal the container, and place in the fridge overnight. In the morning, stir oats, and top with slivered almonds, sliced banana and blueberries. Sprinkle with cinnamon, if desired. Enjoy!